

# DERMATOLOGY DEPARTMENT

## Advice for Patients following Minor Surgery

- Sensation will return to normal after approximately two hours
- If you require pain relief, take PARACETAMOL (Panadol)
- If the surgery has been around your mouth, DO NOT have any hot drinks until the anaesthetic has worn off. Talk as little as possible and eat soft food for 24-48 hours.
- If you have any bleeding from the wound, press the area firmly with a clean handkerchief or tissue for 5-10 minutes (time this by clock or watch). It is unusual for any bleeding to continue following this. If you are concerned please contact your GP or Casuaity Department at the [REDACTED] Hospital.
- Following minor surgery/skin biopsy, a dressing is placed over the wound(s). Unless otherwise instructed, please leave it in place until time for removal of your stitches. Keep the area as dry as possible. The dressing is showerproof so you can take a shower (not soak in the bath). If the dressing comes off. Replace it with an ordinary Elastoplast dressing. Facial or head wounds can remain safely exposed. Healing occurs more rapidly on these areas.
- If informed by the doctor that you have **DISSOLVABLE STICTHES**, these will fall out in about 2 weeks or so. No need to worry if they stay in slightly longer.
- The final appearance of your scar is due to your own healing ability. Tell your doctor if you have a tendency to unsightly scars.
- ~~You have dissolvable stitches in place.~~
- You have 7 number of stitches needing removal by your GP practice nurse in 14 days' time.
- ~~If your leg has been bandaged, remove bandage only~~ In                      days' time.